


★ ★ JULY 2010 MENU

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<u>Alternates Lunch</u> Grilled Cheese (Bacon, Tomato, Turkey, Ham) Hamburger or Hot Dog Peanut Butter and Jelly BLT, Scrambled Eggs	<u>Alternates Dinner</u> Baked Chicken or Fish Grilled Cheese (Bacon, Tomato, Turkey, Ham) Hamburger or Hot Dog Scrambled Eggs Peanut Butter and Jelly Baked or Sweet Potato	<u>Beverages</u> Orange Juice, Prune Juice, Cranberry Juice, Tomato Juice, V8, and Ice Tea <u>Soup served with Crackers</u>		1 <u>4th of July Celebration</u> Burgers & Dogs Potato Salad Watermelon & Desserts <u>Dinner</u> Potato Cheddar Hungarian Goulash Spaetzle & Broccoli	2 <u>Lunch</u> Soup Grilled Cheese, Bacon, Tomato Fries & Fruit <u>Dinner</u> Vegetable Soup Breaded Shrimp Homemade Cole Slaw & Fries	3 <u>Lunch</u> Soup Sub Sandwich Chips & Fruit <u>Dinner</u> Seafood Chowder Breaded Chicken Breast w/ Gravy Herb Cous Cous & Green Beans
4 <u>Dinner</u> Tomato Soup Baked Ham Whipped Sweet Potatoes Asparagus Spears & Roll <u>Boxed Lunch Up</u> Soup Roast Beef and Cheese Sandwich Salad of the Day and Fruit	5 <u>Lunch</u> Soup Waldorf Turkey Salad w/ Fresh Fruit <u>Dinner</u> Vegetable Soup Spaghetti & Meatballs Spinach Bake & Garlic Bread	6 <u>Lunch</u> Soup All Beef Hot Dog Chips & Fruit <u>Dinner</u> Chicken Gumbo Soup Beef Brisket Mashed Potatoes & Confetti Corn	7 <u>Lunch</u> Soup Pizza Burger Carrot Raisin Salad <u>Dinner</u> Great Northern Bean & Sausage Soup Roast Turkey Breast w/Cranberry Sauce Stuffing w/Gravy Mixed Vegetables	8 <u>Lunch</u> Soup Mandarin Chicken Salad Roll <u>Dinner</u> Mulligatawny Soup Corned Beef & Cabbage Parsley Boiled Potatoes & Carrots	9 <u>Lunch</u> Soup Patty Melt Chips & Fresh Fruit <u>Dinner</u> Minestrone Soup Hamloaf Au Gratin Potatoes	10 <u>Lunch</u> Soup Open Face Turkey Sandwich w/ Gravy & Mashed Potatoes Vegetable <u>Dinner</u> Cream of Mushroom Soup Sloppy Joes & Tater Tots Mixed Vegetables
11 <u>Dinner</u> Broccoli Cheddar Soup Ham & Cheese Omelette Hash Browns & Sticky Buns <u>Boxed Lunch Up</u> Turkey Croissant Salad & Dessert	12 <u>Lunch</u> Soup Grilled Ham & Cheese Sandwich Pasta Salad & Fruit <u>Dinner</u> Manhattan Clam Chowder Braised Pork Steak Mashed Potatoes & Harvard Beets	13 <u>Lunch</u> Soup Ham, Turkey, Swiss Sandwich Chips & Fruit <u>Dinner</u> Beef Barley Soup Roast Chicken Breast Wild Rice & Peas	14 <u>Lunch</u> Soup Breaded Fish Fillet Sandwich Cole Slaw & Fresh Fruit <u>Dinner</u> Potato Bacon Soup Stuffed Pepper Scalloped Potatoes & Succotash	15 <u>Lunch</u> Soup Grilled Slider Burger French Fries & Fresh Fruit <u>Dinner</u> Italian Wedding Soup Meat Lasagna Zucchini & Yellow Squash	16 <u>Lunch</u> Soup Breaded Chicken Sandwich Macaroni Salad & Fruit <u>Dinner</u> Chicken & Wild Rice Soup Fish Fry-Cod Fillet Homemade Cole Slaw & French Fries	17 <u>Lunch</u> Soup Chicken Philly Sandwich Ranch Fries & Fresh Fruit <u>Dinner</u> Turkey Dumpling Soup Stuffed Baked Potato w/ Cheese Sauce, Bacon, & Broccoli Mixed Vegetables
18 <u>Dinner</u> Tomato Soup Fried Chicken Oven Roasted Potatoes Broccoli & Cauliflower <u>Boxed Lunch Up</u> Ham Sandwich on Roll Salad & Dessert	19 <u>Lunch</u> Soup BBQ Chopped Chicken Sandwich Carrot-Raisin Salad & Fruit <u>Dinner</u> Cream of Broccoli Soup Beef Stroganoff Buttered Noodles & Peas	20 <u>Lunch</u> Soup French Dip Cole Slaw & Fruit <u>Dinner</u> Potato Leek Soup BBQ Ribs Ranch Pasta Salad & Carrots	21 <u>Lunch</u> Soup Egg Salad Sandwich Chips & Fresh Fruit <u>Dinner</u> Beef Noodle Soup Hunter's Chicken Spaetzle & Green Beans	22 <u>Lunch</u> Soup Monte Cristo 3 Bean Salad & Fruit <u>Dinner</u> Lentil & Smoked Sausage Soup Veal Parmesan Pasta Marinara & Broccoli	23 <u>Lunch</u> Soup Turkey Reuben Sandwich Potato Salad & Fresh Fruit <u>Dinner</u> Stuffed Cabbage Soup Baked Buttered Crumb Cod Macaroni & Cheese & Peas & Carrots	24 <u>Lunch</u> Soup Warm Roast Beef Sandwich on Rye Chips & Fruit <u>Dinner</u> Mushroom Florentine Soup Turkey Tortellini Salad Breadstick
25 <u>Dinner</u> Broccoli & Cauliflower Cheese Soup Beef Pot Roast w/ Potatoes and Carrots Wax Beans <u>Boxed Lunch Up</u> Chicken Sandwich on Wheat Salad & Desert	26 <u>Lunch</u> Soup Meatball Sub Fries & Fruit <u>Dinner</u> Chicken Noodle Soup Meat Ravioli Breaded Eggplant & Garlic Bread	27 <u>Lunch</u> Soup Breaded Chicken Tenders w/ Sweet & Sour Sauce Fruit & Chips <u>Dinner</u> Vegetable Soup Hearty Beef Stew Broccoli & Cauliflower	28 <u>Lunch</u> Soup Spinach, Bacon, Mushroom Quiche w/Fresh Fruit <u>Dinner</u> Split Pea w/Ham Soup Cottage Ham Parsley Potatoes & Green Beans	29 <u>Lunch</u> Soup Tuna Melt Macaroni Salad & Fruit <u>Dinner</u> Corn Chowder Deluxe Pizza & Pasta Salad	30 <u>Lunch</u> Soup Cottage Cheese & Fruit Plate Roll <u>Dinner</u> Lemon Chicken Rice Soup City Chicken Baked Potato & Carrots	31 <u>Lunch</u> Soup Grilled Ham & Swiss Sandwich Chips & Fruit <u>Dinner</u> Turkey Vegetable Soup BBQ Chicken Baked Beans & Corn